

SUMMER 2026



ACE ACTIVITIES

ACE Activities offers weekly activity sessions across the district for adults aged 18+ with learning disabilities, autism, mental health needs and anxiety disorders.

CALL US

01992 910 701

EMAIL US

admin@vaef.org.uk

VAEF DELIVERS MANY LOCAL SERVICES

We are pleased to share the impact of our work for April to June 2026

BENEFITS ADVICE

The Benefits Advice project offers a home visiting service to provide benefits guidance to those whose personal circumstances make it difficult for them to access support outside of their home.

COMMUNITY CLUBS

The Community Clubs service aims to provide support and friendship for those aged 65+ who are living on their own or in isolation. It currently provides three activity clubs a week plus regular trips and outings.

VOLUNTEER CENTRE EPPING FOREST

The Volunteer Centre Epping Forest acts as a 'matchmaker' for people seeking volunteering opportunities and for charities and not-for-profit groups requiring volunteers.

FOODBANK BENEFITS GUIDANCE

The Foodbank Benefits Guidance service works in partnership with Epping Forest Foodbank to provide benefits guidance to individuals accessing the Foodbank services across the district.

COMMUNITY HANDYMAN

The Community Handyman service supports homeowners in the district requiring a

trustworthy, reliable and DBS checked handyman to complete odd jobs around the home.

MEN'S SHEDS

The VAEF Men's Shed held at the Waltham Abbey Museum provides a welcoming, supportive and practical community space where local men can connect, learn, share skills and improve wellbeing through friendship and purposeful activity.

POWER UP! DIGITAL PROJECT

VAEF offers a weekly digital support hub at the Civic Offices in Epping for residents in the Epping Forest district.

SOCIAL SPACE

VAEF offers a friendly drop-in social space at Epping Civic Hub. Informal games and social chit-chat regularly take place. Community services help and advice can be provided, (inside EFDC Civic Offices, 323 Epping High Street) every Monday from 1-4pm.

WE CAN HOSPITAL DISCHARGE SERVICE – WHIPPS CROSS

VAEF manages referrals from Whipps Cross Hospital, helping patients return home with practical support such as welfare calls, home preparations, key safe installations and access to community services.

2449

TOTAL
INTERVENTIONS
FOR PEOPLE

**VOLUNTARY
ACTION** EPPING
FOREST

APRIL – JUNE 2026



916

INTERVENTIONS FOR
PEOPLE SUPPORTED
BY ACE ACTIVITIES

35

INTERVENTIONS FOR
PEOPLE HELPED BY OUR
COMMUNITY HANDYMAN

187

INTERVENTIONS FOR
PEOPLE USING OUR
BENEFITS ADVICE SERVICE

127

INTERVENTIONS
FOR PEOPLE AT THE
FOODBANK HUBS



35

35 PEOPLE USED OUR
VOLUNTEER CENTRE



698

INTERVENTIONS FOR
PEOPLE USING OUR
COMMUNITY CLUBS

38

INTERVENTIONS WERE
PROVIDED FOR CLIENTS
AT OUR MEN'S SHED

27

INTERVENTIONS FOR
PEOPLE HELPED BY OUR
POWER!UP DIGITAL PROJECT



POSTAL ADDRESS ONLY:

VAEF, Thorogood House,
Vicarage Lane, North Weald
CM16 6AL

REGISTERED OFFICE:

Winsley's House, High Street,
Colchester, CO1 1UG

Registered Charity No. 1097376
Company limited by guarantee
Registered in England No. 04689779

142

INTERVENTIONS WERE
PROVIDED FOR PEOPLE
AT OUR SOCIAL SPACE

244

PEOPLE WERE HELPED
BEING DISCHARGED FROM
WHIPPS CROSS HOSPITAL